

Hi there, my name is Sofia May and I am bringing back my rave-reviewed, sell-out, award-winning stand-up comedy solo to Edinburgh Fringe Festival

Please see my press release below:

**9/11 SURVIVOR AND DARK NEW YORK STAND-UP COMEDIAN, SOFIA MAY BRINGS
BACK HER AWARD-WINNING GRUESOMELY HILARIOUS SELL-OUT SOLO SHOW TO
THE EDINBURGH FRINGE FESTIVAL**

August 6 - 30 2026 (except Mondays), for immediate release

AWARDS FOR 9/11 BIRDS AND THE BEES:

WINNER: BEST PERFORMER AT EDINBURGH FRINGE — Fringe Europe 2025

Sofia May — 9/11 Birds and The Bees (Best Performer)

*“Taking the **Best Performer** award is the striking debut of Sofia May with 9/11 Birds and The Bees. This is a show that confronts weighty themes — grief, global trauma — but flips them into a daring, darkly funny, and ultimately life-affirming hour.*

Sofia’s performance is disarmingly honest and sharp. She navigates an emotional tightrope: exposing vulnerability while landing gut-punch jokes, veering into discomfort then yanking audiences back into laughter with deft comic timing. The result is a deeply personal piece that lands with resonance and wit.

*But perhaps what makes her win especially powerful is that this is her first hour ever, created and promoted entirely on her own — no PR team, no management. To accomplish this and deliver something this strong, this polished, this affecting — it’s nothing short of remarkable. Sofia May is a performer to watch, and it is with full pleasure we award her **Best Performer 2025.**”*

— Comedy Europe (Fringe Europe)

[Announcing the Winners of the Second Annual European Comedy Award](#)

NOMINEE: Best Newcomer - British Comedy Guide Awards 2025

REVIEWS FOR "9/11 BIRDS AND THE BEES":

"Sofia May delivers a masterclass in pitch-black comedy, blending biting personal anecdotes from her time living in Germany and New York with a jaw-dropping account of her 9/11 experience—one that would trump almost anyone else's in a game of "Where were you on 9/11?"

It's the kind of story that, on paper, shouldn't be funny—and yet in Sofia's hands, it absolutely is. Her delivery is fearless, and the material so far beyond the usual stand-up fare that it makes every "dating trauma" or "annoying in-law" anecdote feel laughably trivial. To quote from Peep Show: "Ooh, the Italians might leave the Euro, big wow." It's not exactly planes smashing into buildings, is it?

Unlike the Taliban learning to fly planes in Florida, Sofia May actually knows how to land this basement plane and a crowd loving every minute of her set!"

— The Nerd Party

[Sofia May "9/11 Birds and the Bees" ★★★★★ The Nerd Party](#)

"It's an impressive debut hour from the proud New York-raised, Berlin-based comedian. Sofia May turns a world-famous tragedy into an Edinburgh Fringe comedy hour that is sharp, shocking, and genuinely hilarious."

— Comedy Europe

[Sofia May's "9/11 Birds and the Bees" Edinburgh Fringe Review ★★★★★ -](#)

"— and Sofia May, whose charming stage presence suggests the most potential."

— The Guardian

New York-born comedian and 9/11 survivor **Sofia May** brings back her brutally funny, deeply twisted, and oddly delightful stand-up hour to Edinburgh by popular demand, following her award-winning, rave-reviewed, sell-out debut at Edinburgh Fringe 2025.

Where were you on 9/11? Sitting in school? Sitting on the toilet? Nowhere of note? Well, Sofia May was running – for her life – from the dust cloud and debris as the World Trade Center toppled next to her school in downtown Manhattan. Now, as an adult, she's processed a lot of that trauma, continues to grieve and is ready to get hilarious. In this award-winning, critically acclaimed stand-up solo hour, Sofia May takes the audience on a gruesome comedic journey of her experience as a tween survivor of history's most outrageous terrorist attack.

Tickets available at <https://www.edfringe.com/tickets/whats-on/9-11-birds-and-the-bees>

SOCIAL MEDIA

Instagram: @sofiamaycomedy

TikTok: @sofiamaycomedy

Facebook: Sofia May

Email: sgandsteph@gmail.com

High quality promotional images and links to performance video at

https://drive.google.com/drive/folders/1QNrPIR0gmcQkFQQGflQSWC7VPVmqbO-L?usp=drive_link

MEDIA ENQUIRIES

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