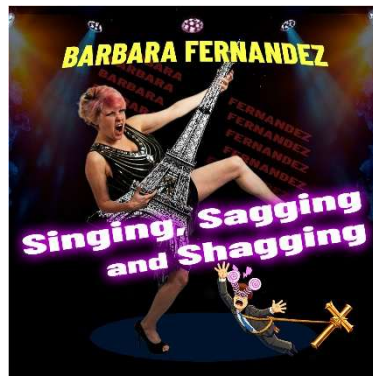
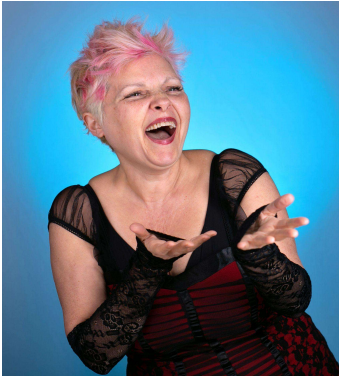


FOR IMMEDIATE RELEASE



Who Needs Men When You've Got a Mic? Barbara Fernandez's Cabaret Is a Love Letter to Self

27th June 2026 - Barbara Fernandez isn't just raising her voice about mental health – she's belting it out unapologetically, in sparkly dresses, stilettos – and with a wicked grin.

An inspiring, comedic, music-driven cabaret show celebrating outrageous – yet all true! – life stories of a multiple-divorcee/rock-singer-turned-cabaret-comedian who decided to pack her jaw-dropping tales of cult-loving husbands, jailbird exes, shaggable therapists and neurodiverse adventures into an hour show of powerfully funny parodies, with snippets of famous songs recrafted to poke fun at her rocky road to self-discovery. From sultry pop to classical trills and belting cabaret-style showstoppers, and with a chest that some think she grew on purpose, Barbara lustily celebrates female power in the midst of chaos, in a show that Sussex News describes as “Cole Porter meets Victoria Wood, with a dash of Calendar Girls cheekiness.”

The inspiration of the show came from Barbara's comedic successes after being diagnosed with a serious mental health condition late in life and her subsequent 2-year odyssey. She began sharing her life stories inside of jokes and parody songs, which people warmed to – and this show is the result.

★★★★ “Cole Porter meets Victoria Wood, with a dash of Calendar Girls cheekiness. Raunchy, rebellious, and real - and it deserves to be seen” – Richard James, Sussex News

★★★★ “Outrageously funny musical comedy show. What an excellent comedian” – Theatre and Arts Review

★★★★ “Soaring vocals, belly laughs, and touching tales” – FringeReview

Show: Barbara Fernandez Singing, Sagging and Shagging

Venue: Dragonfly Cocktail Bar, 52 West Port, Edinburgh EH1 2LD

Tickets: PWYC £5, £7.50, £10, £12

Dates: 6th – 30th Aug 2026 (not 10th, 17th, 24th)

Time: 14:00 (60mins)

1-minute trailer: <https://youtube.com/shorts/WDI3htWWL9Q> OR on Instagram:

https://www.instagram.com/reel/DaASkb0h_BG/

Box Office: 0131 226 0000

Show page: <https://tinyurl.com/EdFringeBF>

For further information, images, or a media ticket, contact the Fringe office on 0131 240 1919.

AVAILABLE FOR: Interviews. Additional pics on Dropbox: <https://tinyurl.com/PressBFSingingSaggingShagging>

Instagram: <https://www.instagram.com/barbarasvoices/>

Facebook: <https://www.facebook.com/profile.php?id=61566337281612>

TikTok: <https://www.tiktok.com/@barbarasvoices>

BlueSky: <https://bsky.app/profile/barbarasvoices.bsky.social>