

# PRESS RELEASE 22/5/25

**Barbara Fernandez**

## **Singing, Sagging and Shagging**

Genre: True Life, Cabaret, Comedy

Author and performer: Barbara Fernandez

Director: Roland Saunders



Photo @garymanhinephotography

**Thursday 31<sup>st</sup> July – Sunday 24<sup>th</sup> August 2025 (not Mondays), 2pm @ Dragonfly**

An inspiring, comedic, music-driven cabaret show celebrating outrageous – yet all true! – life stories of a multiple-divorcee/rock-singer-turned-cabaret-comedian who, at age 60, decided to pack her jaw-dropping tales of cult-loving husbands, jailbird exes, shaggable therapists and neurodiverse adventures into an hour show of powerfully funny parodies, with snippets of famous songs recrafted to poke fun at her rocky road to self-discovery. From sultry pop to classical trills and belting cabaret-style showstoppers, and with a chest that some think she grew on purpose, Barbara lustily celebrates female power in the midst of chaos, in a show that audiences have described as “fearless, endearing and unflinching.”

The inspiration of the show came from a result of Barbara’s comedic successes after being diagnosed with a serious mental health condition rather late in life (age 58!) and her subsequent 2-year struggle to claw her way free of the lifelong brain fog that she previously thought was ‘something you just have to live with’. She began standup comedy by sharing her life stories inside of jokes and parody songs, which people warmed to – and this show is the result. Barbara says, “People need to know it’s *never* too late to discover who you are and what you want to do, and that includes singing and joking on stage about your foibles, faults and failures.”

**Show:** Barbara Fernandez Singing, Sagging and Shagging

**Tickets:** PWYC £5, £7.50, £10, £12

**Time:** 14:00 (60mins)

**Venue:** Dragonfly Cocktail Bar, 52 West Port, Edinburgh EH1 2LD

**Dates:** 31<sup>st</sup> July -24<sup>th</sup> Aug 2025 (not 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>)

**Box Office:** 0131 226 0000

**Website:** <https://tinyurl.com/Fringe2025>

For further information, images, or to request a media ticket please contact **Roland Saunders** on [rolandcat@gmail.com](mailto:rolandcat@gmail.com) or the Fringe office on **0131 240 1919**.

**AVAILABLE FOR: Interviews. Additional pics on Dropbox:** <https://tinyurl.com/PressBFSingingSaggingShagging>

**Instagram:** <https://www.instagram.com/barbarasvoices/>

**Facebook:** <https://www.facebook.com/barbarasvoices/>

**TikTok:** <https://www.tiktok.com/@barbarasvoices>

**BlueSky:** <https://bsky.app/profile/barbarasvoices.bsky.social>