

## SUSSEX UNIVERSITY GRADUATE AND COMEDIAN, NATASHA ANDERSON, BRINGS HER FIRST SOLO STAND-UP SHOW TO THE BRIGHTON FRINGE FESTIVAL 2023

- *Sussex University graduate bringing her first solo stand-up show to the Brighton Fringe in May 2023.*
- *Natasha Anderson: Food Diary (Work in Progress) will be on at The Caroline of Brunswick in Brighton on May 15<sup>th</sup> and 16<sup>th</sup> 2023 at 7pm.*



Natasha Anderson is delighted to be bringing her first work-in-progress stand-up comedy show, *Natasha Anderson: Food Diary (Work in Progress)*, to the Brighton Fringe for two nights in May.

*Natasha Anderson: Food Diary (Work in Progress)* is part of Laughing Horse Comedy's programme of shows at the Brighton Fringe.

Natasha Anderson said:

*"I am so excited to have the opportunity to bring **Natasha Anderson: Food Diary (Work in Progress)** to the Brighton Fringe. It feels like a bit of a homecoming for me after studying at*

*Sussex University - especially as I spent many evenings in The Caroline of Brunswick! I can't wait to go back to a few of my old haunts and favourite places in Brighton!*

*I have a huge soft spot for Sussex Uni, Brighton, and the Brighton Fringe from my time as a student. I'm looking forward to bringing some of my student stories to life on stage, alongside many stories from my more recent life!"*



### **ABOUT NATASHA ANDERSON: FOOD DIARY (WORK IN PROGRESS)**

Natasha Anderson: Food Diary is a hilarious exploration of culture, relationships and why food is more than just fuel.

Natasha grew up in a mixed Black Caribbean and White British family, where food was everything. The family always gathered around the dinner table and shared their lives.

In this 45-minute show, Natasha will explore her relationship with food, herself, and her family, as well as our relationship with #Foodie culture.

This is a celebration of food being more than fuel. Food is life.

Most importantly, you will find out why Feta is the best cheese. Don't @ her.

*Ticket prices start at £5.*



## ABOUT NATASHA ANDERSON

Natasha Anderson is a London-based stand-up comedian, actor, and writer.

She graduated from Sussex University in Brighton and then trained as an actor at Identity Drama School before turning her hand to comedy and writing.

Since then, Natasha has been performing stand-up, discussing the trials and tribulations of getting older, #Foodie culture and being mixed race, in and around London and the UK.

Natasha was a semi-finalist in the 2 Northdown's New Act of the Year 2020 competition and has also appeared on Sky Arts Book Club Live.

**For further information please contact:**

Natasha Anderson – [natashaandersonuk@gmail.com](mailto:natashaandersonuk@gmail.com)

**Links and social media:**

Brighton Fringe Page: <https://www.brightonfringe.org/events/natasha-anderson-food-diary-work-in-progress/>

Website: <https://www.natashaandersonuk.com>

Twitter: <https://twitter.com/TashyMcTashason>

Instagram: <https://instagram.com/TashyMcTashason>

Facebook: <https://www.facebook.com/NatashaAndersonComedy/>